

How to Use Glycolic Acid



After cleansing, it is generally recommended that the client apply about a dime size of Glycolic Acid in the morning. It should be applied to the entire face (neck is optional) including the under eye area. The client should wait 5 minutes and then moisturizer or other products can be applied (like our Anti-Aging Serum or our Vitamin C Serum).

Your progress will be monitored and you should expect some initial flaking, sloughing or light peeling. This is very tolerable and easily managed. Rarely, a client will experience redness and increasing sensitivity. Simply adjust the frequency downward temporarily to every other day. As the skin adjusts you can increase frequency. Do not rub or scrub off dead dry skin.

Occasionally temporary mild stinging, itchy, prickly feeling may be experienced when applying Glycolic Acid. This is not an allergic reaction and is no cause for alarm.

Clients usually begin to notice positive changes in their skin within 2 weeks. Such as smoother softer texture and smaller pores. They will continue to see steady progressive improvement with continued use.